

Volume 15 Issue 3

May/June 2019

PVMA

PENINSULA VETERINARY MEDICAL ASSOCIATION

PVMA News

COMPASSION FATIGUE

PRESENTED BY DR. MELISSA L. HOLLAND

CALIFORNIA LICENSED PSYCHOLOGIST



Dr. Melissa L. Holland, BS, MS, PhD, received a BS degree in Psychology at UC Davis where she is a Life Member of the UC Davis Aggie Alumni Association. She went on to acquire her Master's and PhD at Utah State University at Logan in 1999. She is presently an Associate Professor at California State University at Sacramento and also conducts a Clinical Psychology private practice serving children, adolescents, adults and families.

Dr. Holland's multi-page CV includes multiple awards, grants, affiliations, conference presentations and publications as well as teaching, research and community service citations. She will be speaking at our July meeting about the intensely worrisome phenomenon within some professions of what is frequently referred to as "Compassion Fatigue". Many veterinarians know of someone who has suffered from this dangerous affliction which results in chronic physical and emotional exhaustion.

www.PeninsulaVMA.org

Next PVMA Meeting: Tuesday July 16, 2019

This PVMA meeting program offers 1 hour of CE Credit

The meeting will be held at **The Vans Restaurant** in Belmont located at **815 Belmont Avenue**, west off El Camino Real, up the hill. There is parking adjacent and also across the street to the northwest.

6:30 pm for adult beverages - 7:00 pm for dinner and program

PVMA members FREE * Life Members \$25 * Guests \$60

Classified Ads

**Relief or Service ads of 1 or 2 lines are free to
PVMA members
For other advertising rates, contact the Editor**

Relief Veterinarians

Dr. Bonnie Yoffe-Sharp (650) 678-2476
Available nights or weekends

Dr. Mark Willett (415) 686-6092
Companion animals including exotics

Newsletter Editor Notes

email address is:

PVMAeditor@comcast.net

We welcome submission of
brief articles, news items or
suggestions for topics.

All submissions must be received by
the 20th of the month
preceding publication

A Quick Tip for Your Clients from
SIRIUS® Puppy & Dog Training www.SIRIUSpup.com

Complimentary Classes for all Bay Area veterinarians and their staff

GOT BEHAVIOR PROBLEMS?



Wild canids spend their day searching for food.
Feeding from a bowl steals the dog's raison d'être

And in the void, they search for entertainment:

Chewing, barking, digging, pacing, fretting, etc.
Instead use regular food for TRAINING!

There are 101 ways to use pieces of kibble as lures and rewards:
To teach dogs to love people, especially children, men, strangers, clinic staff;
to love other dogs; to eliminate on cue; to Shush on cue; to Come, Sit, Down, Stand,
Stay, Heel, Fetch, Find; and to stuff in chewtoys to autoshape dogs to settle down
calmly and quietly, with a chewtoy hobby to help prevent/resolve separation anxiety.

Please tell your clients about our FREE online Dog Behavior & Training Courses at
www.DunbarAcademy.com



Full-time Veterinarian Wanted

Time to move north to Wine Country! Petaluma Veterinary Hospital in beautiful Sonoma County is seeking a veterinarian to join our team at an AAHA-Accredited privately-owned hospital. We practice state-of-the-art medicine in a family-oriented, collaborative and friendly culture. Petaluma (population 50,000) is 40 miles north of the Golden Gate Bridge. We have great schools and parks, year-round events and a nice downtown with many restaurants and a wonderful small-town feel.

We seek an experienced veterinarian or a strong new graduate. We have all the amenities: computerized record-keeping, digital radiography, digital dentistry, ultrasound, Idexx in-house labs and more. We offer generous compensation Pro-Sal (salary + 24% production) and hours are flexible. We have a great benefits package including health, dental and liability insurance, IRA match, paid CE and association fees, paid vacation, pet-care discounts and **relocation expenses**.

We are closed Sundays with no after-hours emergencies. A California Veterinary License is required. See the great client testimonials at our website: www.petvethosp.com

Please contact Dr. Angie Smith at drsmith@petvethosp.com or call (707) 217-3151.

Protect Your Business. Protect Your Family.

Business Insurance Products

- Employment Practices Liability (EPLI)
- Workers' Compensation Insurance
- Veterinary Malpractice
- Veterinary Hospital Business Package
- VMB Defense
- Cyber Liability
- Commercial Umbrella
- Customized Loss Prevention
- Superior Claim Management Services

Personal Lines Products

- Homeowners/Condo/Renters
- Auto/Motorcycle/Boat/RV
- Personal Umbrella
- Art/Jewelry

Health, Life & Disability

- Group Health
- Disability Insurance
- Long Term Care
- Life



Call VISC at **888-762-3143** or email info@visc-ins.com for solutions to all your business and personal insurance needs.



VISC is a wholly-owned subsidiary of the California Veterinary Medical Association | Ca Lic # 0F64180

visc-ins.com



PVMA Leaders for 2019

President: Dr. Amy Farcas

Past-president: Dr. Chris Cowing

Vice President: Dr. Gwen Lynch

Treasurer: Dr. Tiffany Steers

Newsletter Editor: Dr. Nancy Lerner

Photographer: Dr. Richard Haars

Program Chairman: Dr. Beth Valdez

CVMA Board of Governors: Dr. Julia Lewis

CVMA House of Delegates: Dr. Chris Cowing

Webmasters: Dr. Kathy Tyson

Dr. Charlene Edinboro

NORTH PENINSULA VETERINARY EMERGENCY CLINIC

227 North Amphlett Blvd. San Mateo, CA 94401
650-348-2575 • sanmateoveter.com



24 HOURS A DAY
365 DAYS A YEAR



THE ODD COUPLE

A German artist and photographer has recorded the unusual “protector-protected” relationship between a fierce Belgian Malinois named “Ingo” and a one-year-old owlet named “Napoleon” (“Poldi” for short). Their affection toward each other is obvious. Ingo lovingly guards Poldi who apparently doesn’t know how to live free on his own. Or he doesn’t want to. “They respect each other,” says the photographer.

The owlet is unusually small for his species and would be helpless in nature. Ingo was raised by a family of strong, often ruthless police dogs but knows how to be gentle. Perhaps he was taught by a wise little owl.



TESLA ANNOUNCES “DOG MODE”



A new, advanced alarm system, just in time for summer weather, has been announced by auto manufacturer Tesla. “**Dog Mode**” offers protection for pets left in parked vehicles by providing a comfortable cabin temperature during the owner’s absence. It includes a setting for the interior temperature to keep dogs (or children) comfortable and also a message displayed on a large, prominent screen visible outside the vehicle, announcing to concerned passers-by that the occupant is climate-protected. It includes the phrase “*My owner will be back soon!*” while also displaying the car’s interior temperature. This is a feature long overdue!



IMPROVING THE LIVES OF PETS AND THEIR PEOPLE.

With six locations across the San Francisco Bay Area, SAGE Veterinary Centers is uniquely positioned to provide the highest level of care, collaboration, and specialized services for pets. We believe in continual learning. Our profession is based on scientific knowledge. Our success depends upon creative problem solving, up-to-date training, and the finest skills. We are committed to advancing veterinary medicine and improving pet care throughout the Bay Area.



NEWS:

Veterinary Vision is now part of the SAGE network of specialty hospitals.

DOCTORS:

Dr. Cynthia Cook
Dr. Albert Mughannam
Dr. Gwen Lynch
Dr. Carol Szymanski
Dr. Katie Freeman

NOTE:

For ophthalmology emergencies, please continue to refer through SAGE Emergency and the team will assess if the patient needs to be transferred to Veterinary Vision for further treatment.

934 CHARTER STREET, REDWOOD CITY
(650) 417-7243

SAGECENTERS.COM

OUR TEAM

ANESTHESIOLOGY

Kris Kruse-Elliott, DVM, Ph.D., DACVAA

CARDIOLOGY

Sarah Silverman, DVM, DACVIM (Cardiology)

INTERNAL MEDICINE

Diane Dereszynski, DVM, DACVIM
Abbey Kaufman, DVM, MS, DACVIM
Heidi McClain, DVM, DACVIM
Noelani Reinker, DVM, DACVIM
Diane Roberts, DVM, DACVIM

NEUROLOGY

Vivian Lau, DVM, MS, DACVIM (Neurology)
Beryl Swanson, DVM, Practice limited to Neurology

ONCOLOGY

Bryan Marker, DVM, DACVIM (Oncology)
Naoko Sogame, Ph.D., DVM, DACVIM (Oncology)

PHYSICAL REHAB & ACUPUNCTURE

Kelly Fishman, DVM, CVA, CCRT
Alexandra Salch, PT, DPT

SURGERY

Alice Bugman, DVM
Leigh Glerum, DVM, DACVS
Colleen McCoy, DVM
Sharon Ullman, MS, DVM, DACVS

EMERGENCY/CRITICAL CARE

Mary Ellen Finley, DVM
Emily Hanwell, DVM
Ming Lui, DVM
Kim Oparil, DVM, DACVECC
Dania Shirk, DVM
Christina Waitzman, DVM
Zachary Wilcox, DVM
Carla Wilson, DVM

NEW!

REDWOOD CITY URGENT CARE

Now offering same-day appointments for clients seeking immediate care for non-emergency issues.

Rachel Kuester, DVM
Elizabeth Newsom-Stewart, DVM
Meghan Wilhelm, DVM



VDx[®]

Veterinary Diagnostics

If biopsies and cytologies are an important part of your practice, discover the one-call convenience, personalized service and competitive pricing of VDx.

Why should you choose VDx?

- Pathologist who take the time to talk with you.
- Calls answered by a live person within 3 rings.
- Convenient Monday–Friday courier service.
- Turnaround times which exceed your expectations.
- It's always good to have another choice.

Dr. John Peuroi
MPVM, Dipl. ACVP

Dr. Sonjia Shelly
Dipl. ACVP

Dr. Joanne Hodges
Dipl. ACVP

Dr. Taylor Spangler
Dipl. ACVP

Dr. Cheryl McCullough
Dipl. ACVP

Dr. Karen Oslund
PhD, Dipl. ACVP

Dr. Jason Wood
Dipl. ACVP

Dr. Shir Gilor
Dipl. ACVP

Contact us to learn more about how
VDx can meet your professional needs.

1-877-753-4285 • vdxpathology.com

Change Your Scenery

Yakima Pet Emergency Service is now part of the SAGE Network and we are hiring ER veterinarians (full and part time).

Licensed in Washington state? Plan a getaway and make some money too. We are hiring ER relief veterinarians.

Your Opportunity in Washington awaits!



Email Clinical Recruiter Gina Gotsill at
ggotsill@sagecenters.com
Apply online sagecenters.com/careers



Yakima Pet Emergency Service



70
YEARS
OF ADVANCING
ANIMAL HEALTH

Helping
Your Pets
Have Longer,
Healthier Lives

TO RUN, JUMP, PLAY, SNUGGLE, MAKE YOU
LAUGH, KEEP YOU WARM & FILL YOUR HEART.

Learn more about Morris Animal Foundation and how you can help make the world a better place for all animals. Visit us at morrisanimalfoundation.org.





*Sequoia
Veterinary
Hospital, Inc.*

Internal Medicine Specialty Services



LINDA JORGENSEN
DVM, DACVIM

Board Certified Internal Medicine since 1986

- INTERNAL MEDICINE CONSULTATIONS
- CHEMOTHERAPY
- ABDOMINAL ULTRASOUND
- CARDIAC ULTRASOUND
- HOLTER MONITORING
- BRONCHOSCOPY
- CYSTOSCOPY
- UPPER & LOWER ENDOSCOPY
- LAPAROSCOPY
- RHINOSCOPY





**255 OLD COUNTY ROAD
SAN CARLOS, CA 94070**

PHONE 650/369-7326 FAX 650/369-4403



Veterinary Associate Wanted

We are a top-notch five-doctor cat and dog hospital established in 1965 and AAHA accredited since 1971. We are well-equipped and progressive with an extremely skilled and friendly staff. We have modern, in-house equipment and diagnostics including color-flow Doppler ultrasound, endoscopy, laparoscopy and blood gasses, just to name a few.

This is an excellent opportunity to practice high quality medicine in a truly supportive environment. You will work closely with three general practitioners and a board certified internal medicine specialist. Ideal candidates will have clinical and surgical experience in small animal general practice. Confidence in communication and presentation along with enthusiasm tempered by solid judgment are essential.

The workweek consists of four days and no after-hours emergency work. We offer competitive salary and benefits, including medical and dental, paid continuing education, paid time off and more.

Contact: Jenna Santos, Practice Manager
Sequoia Veterinary Hospital, 255 Old County Rd.
 San Carlos. Phone (650) 369-7326

SUPPORT OUR ADVERTISERS

They support PVMA
 Tell them,
 "I saw your ad in *PVMA News!*"

PATHWAYS TO HEALING ANIMAL ACUPUNCTURE

Lina McCain, DVM

Helping to make your patients more balanced and comfortable with acupuncture since 2004



650-450-3052

www.VetPathways.com

Patients are seen in Mountain View, San Carlos or in their home!